



Burston House

Secure Mental Health services

Burston House provides low secure care and specialised treatment for men aged 18 years and older with a learning disability. Patients may also have other associated conditions including personality disorder, mental illnesses and autistic spectrum disorders (ASD).

This service is part of a care pathway in Norfolk and Suffolk, which together has a total of 97 beds in four linked specialised hospitals/units. They provide therapeutic security at different levels of need.



Treatment programme

Our treatment programme includes:

- **Assessment and motivational work**
- **Foundation**
- **Offence-specific support**
- **Personality disorder symptom reduction**
- **Consolidation**
- **Relapse prevention**
- **Preparation for discharge and follow-up car**

Service overview

Low secure

St John's House, Bure Ward - 11 beds (female only)

St John's House, Waveney Ward - 6 beds (female only)

Burston House, Kestrel Ward, Rectory Ward and Eagle Ward - 31 beds (male only)

Medium secure

St John's House, Walsham Ward - 16 beds (male only)

St John's House, Redgrave Ward - 16 beds (female only)

Community locked rehabilitation

Lombard House - 9 beds (male only)

Richmond House - 8 beds (female only)



Our team

The strength of the service lies in the quality of the comprehensive assessment, treatment and care we provide. We take a holistic and individualised approach delivered by our skilled, experienced multidisciplinary team which includes:

- **Psychiatry**
- **Psychology**
- **Nursing (mental health and learning disability)**
- **Occupational therapy**
- **Specialist teaching**
- **Social work**
- **A practice nurse for physical healthcare**
- **A speech and language therapist**
- **Dietitians**

We also call in services from GPs, dentists, opticians and chiropodists when needed.

Patient profile

This service is suitable for:

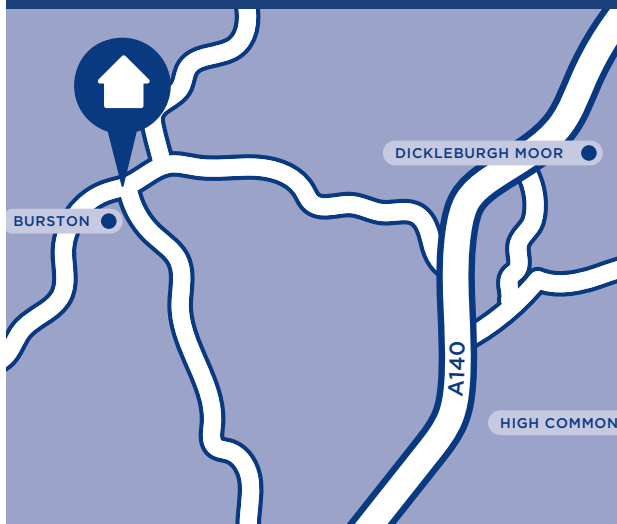
- **Males aged 18 years or older**
- **Those with a primary diagnosis of learning disability who may also have secondary diagnoses of conditions including Asperger syndrome, other autistic spectrum disorders, personality disorder, major mental illnesses and substance misuse**
- **Patients detained under the Mental Health Act**

Patients in our learning disability services have won over 30 Koestler art awards over the last five years



Our location

Rectory Road, Burston, Diss, Norfolk, IP22 5TU



Find out more

For more information or to make a referral, please contact us by:

Telephone: **01379 649 900**

Email: **info@priorygroup.com**

Web: **www.partnershipsincare.co.uk/hospitals/burston-house**



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