

Where better
comes together

Partnerships in Care 

Team Woodlands

Medical

Dr Roland Jones, [Consultant Forensic Psychiatrist](#)

Psychology

Mags Davies, [Registered Forensic Psychologist](#)
Dr Chris Hartwright, [Chartered Clinical Psychologist](#)

Therapy staff

Jamie Vale, [DBT Programme Manager](#)
Josie Jones, [Senior Occupational Therapist](#)
Linda Brute, [Nursing activities](#)

Hospital management

Dr Phil Huckle, [Clinical Director](#)
Trevor Irwin, [Hospital Director](#)
Andrew Goldsworthy, [Lead Nurse](#)

Nursing

Claire Cawley, [Ward Manager](#)
Margaret Reardon, [Charge Nurse](#)

Social work

Nikki Swain, [Senior Social Worker](#)

Finance

Jayne Davies, [Finance Officer](#)

Advocate

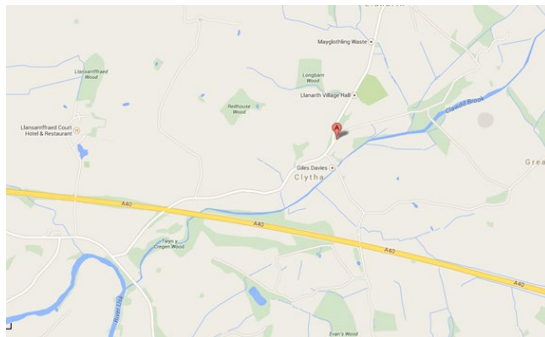
Tony Eze

Your relative's **Primary Nurse**

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Directions

Leave M4 at Junction 24 (Coldra) and take the A449. Exit the A449 at Raglan and from the roundabout take the 4th exit signposted the Old Abergavenny/Clytha Road. Continue approximately 3 Miles and turn right signposted Llanarth. Go through Archway as this leads to the hospital.



Please use the following postcode for satnav directions: [NP15 2AU](#)

Llanarth Court Hospital
Llanarth Raglan
Abergavenny
NP15 2YD

Main switchboard: 01873 840555
Woodland specific numbers
Office number: 01873 841320
Patient phone: 01873 841321

www.partnershipsincare.co.uk

Partnerships in Care 



Relatives, carers and patient information

Woodland ward
Llanarth Court Hospital



The Woodland team would like to support you during you/your relative's stay at Llanarth Court Hospital. Your initial contact will be with one of the ward's social workers who will talk you through the visiting process, this will give you the opportunity to talk about any issues. You will meet members of the team during visits, telephone contact and during your care planning meetings called CTPs/CPAs.

Please note we will not be able to discuss your relative, due to confidentiality, without the prior consent of your relative and staff may wish to gain permission prior to any contact. If you would like to speak to Dr Jones, the Responsible Clinician, or any other members of the team you can arrange this by contacting us.

This leaflet is designed to provide a brief introduction to Woodland ward, however if there is anything specific that you wish to know the contact details are included. Please let us know what information you would have found useful when your relative was admitted to the ward, which you feel should be included in this leaflet.

If you need to make a complaint about your/your relative's treatment at Llanarth Court, please contact Bradley Dallimore, Complaints Officer.

Our mission statement

Woodlands is open rehab where patients have the opportunity to develop and increase their skill as part of their recovery and discharge prospect. Staff are trained in supporting patients through their transition stage enable them to become autonomous individuals. The women have the right to appropriate care and treatment in a safe, integrated and dedicated environment, where their individual mental health needs and risk behaviours can be understood and skills developed to manage these behaviours. Developing their emotional strengths the women are enabled to take greater control of their lives and fulfil their own unique potential.

We believe that person centred care provides a holistic view of mental illness and supports the women to have full control of their lives in a least restrictive environment.

The recognition of each of the women individuality is at the centre of the working philosophy of Woodlands.

Hospital facilities

Physical health

- Exercise suite
- Swimming pool
- Multi-gym including access to a sports therapist
- Sports hall
- Physical health clinic, including a physical health nurse on site
- Access to community dentist

Woodlands facilities

- Large communal lounge for patients
- Large TV
- Individual bedrooms with en-suite
- Large garden
- Large kitchen diner

Treatment interventions

- Psychological therapies include
 - Cognitive Behavioural Therapies
 - Dialectical Behavioural Therapy
 - Cognitive Analytic Therapy
 - Schema Focused Therapy
 - Compassion focused therapy
 - Mindfulness
 - Relaxation
 - Substance Awareness and Substance Misuse Programmes
 - Offence Related Work
- Multidisciplinary team (MDT) and patient-developed care plans, according to individual needs and goals.
- Medication
- Occupational therapy

Education

- Horticulture and craft centre (HCC)
- Real work opportunities
- Creative writing
- Storytelling
- Education tutor
- Links to external educational and training centers

Spiritual/cultural needs

- Multi-faith room
- On-site Chaplain (and access to multi-religious services)
- Specific dietary needs will be catered for
- Child visiting facilities

Activities

- Community vocational opportunities
- Access to hospital library
- Community beautician
- Community hairdresser